

FHWA's Sustainable Highways Self-Evaluation Tool

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Sustainable Highways Tool

A web-based self-evaluation tool for measuring sustainability over the life cycle of a transportation project or program — from system and project planning through design, construction, and operations and maintenance



EPA's Sustainability Definition

Sustainability means "meeting the needs of the present without compromising the ability of future generations to meet their own needs."





Understanding Sustainability...



Goals

- Encourage sustainable highway practices
 - Internal improvement
 - External recognition
- Help agencies measure sustainability and quantify tradeoffs
- Provide a framework for communicating with stakeholders about sustainability
- Establish a method for evaluating sustainable highways



What the tool is NOT...

- The tool is not final. Ongoing work on a Beta-version
- The tool is not required. Use is purely voluntary.



What is a sustainable highway?

- Satisfies functional requirements
 - Fulfills transportation goals and needs (e.g. congestion reduction)
 - Addresses development and economic growth
- Reduces impacts
 - Environment
 - Consumption of resources
- Addresses environmental, economic, and social equity dimensions (triple bottom line)
- Addresses sustainability from planning through operations



The triple bottom line



What is included in the tool?

- Collection of best practices
- Repository of real-world examples where best practices have been applied
- **Self-evaluation tool** to measure sustainability



What are some of the tool's characteristics?

- Web-based
- Criteria based on best practices (total of 68)
- Each criterion assigned a point value based on expected sustainability impact
- In coordination with ASCE effort
- Other sustainable highways tools used as references

(GreenLITES, I-LAST, Greenroads)



How are the criteria organized?

- Project-Based : project development
- Systems-Based: system planning
- Systems-Based: operations and maintenance







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PD-24: Long-Life Pavement

Goal

Minimize life cycle costs by promoting design of long-lasting design pavement structures.

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Points 5 points

Requirements

The first requirement AND EITHER the second or third requirement must be met to achieve points.

Requirement 1: Design at least 75% of the total new or reconstructed pavement surface area for regularly trafficked lanes of pavement to meet long-life pavement design criteria. Compute the total surface area of all trafficked lanes and show that 75% minimum of that area is designed for long-life. Do not include shoulders, medians, sidewalks and other paved areas in the computation. Long-life pavement is defined as a pavement structure that is designed using a minimum 40-year design life.

AND

Requirement 2: Meet the requirements of Figure 1.

OR

Requirement 3: Pavement design is in accordance with a design procedure that is formally recognized, adopted and documented by the project owner.

Details

Generally, not all pavement sections on a project will be designed as long-lasting sections. Also, this credit is not applicable to roads that are not surfaced with hot mix asphalt (FIMA) or portland cement concrete (PCC), such as gravel roads, dirt roads, and roads sealed with bituminous surface treatments.

Figure 1 Method. Requirements for subgrade California Bearing Ratio (CBR) and base material CBR can be taken as averages across the entire project where more than one test is done. If subgrade or base support is not measured by CBR, use the common conversion techniques in Table 1 or any local conversion that is commonly used in design and has a basis in empirical evidence. Soils testing data should support the conversion used.

Draft Version, October 2010

Table 1: Commonly Accepted CBR Conversion Methods (AASHTO, 1993)

Conversion	Equation	Limitation	
CBR - Resilient Modulus (Ms)	$CBR = \frac{M_R}{1500}$	Fine grained soils with a soaked CBR of 10 or less only	
CBR - Resistance Value (R-value)	$CBR = \frac{555(R \ value) + 1155}{1500}$	Fine grained, non- expansive soils with a soaked CBR of 8 or less only	

Design Procedure Method. The intention is to allow an owner agency to use its existing design procedure to design the pavement section as long as a sufficiently long design life is chosen (at least 40 years). Some common design procedures include (but are not limited to):

- 1993 AASHTO Method. The method described in the 1993 version of the AASHTO Guide for Design of Pavament Structures (1993) and computerized in DARIVin, and AASHTOware product.
- Asphalt Institute Method. The method described in the Asphalt Institute's MS-1 Asphalt Favoments for Highways and Streets and computerized in the Asphalt Institute's publication, SW-1 Asphalt Thickness Design Software for Highways, Airports, Heavy Wheel Loads and other applications (1981).
- Mechanistic-Empirical Pavement Design Guide (MEPDG). The method described in AASHTO MEPDG-1 Machanistic-Empirical Pavement Design Guide, Interim Edition: A Manual of Practice (2008). This method is eventually intended to replace the 1993 AASHTO method.

Existing Pavements. Existing pavements that are to at least partially remain in place (in any condition) can also qualify for this credit. In these cases, evaluation for this credit shall be based on the final pavement structure, which may include (1) existing pavement remaining in place, and (2) any new pavement structure added. In this marmer, a diamond grind of an existing PCC pavement or an overlay of an existing HMA pavement can qualify for this credit if the resultant pavement structure meets the criteria of this credit.

Documentation

- A list of pavement sections to be built (or reconstructed) and their associated pavement
 material type, surface areas, design thicknesses if design was intended to be long-life or not
 in accordance with the requirements of this credit. This may be included as part of the
 standard project documentation or as a separate document.
- A calculation to indicate the total percentage of trafficked lane pavement surface areas that are designed for long-life.
- A drawing or project map showing locations of pavement sections designed for long-life. These pavement sections should be highlighted on the plan, a scale should be on the plan, and the total surface area of each pavement section should be called out as a note on the plan.

FHWA Sustainable Highways Self-Evaluation Tool PD-24: Long-Life Pavement Draft Version, October 2010

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Which credits are pavement-related?

Credit	Title	Requirements	Point Range	
System Planning and Processes				
SP-13	Noise Reduction Management Plan	Establish a Noise Reduction Management Plan (NRMP) for transportation systems.	1-10	
Project Development				
PD-4	Life cycle Assessment	Incorporate energy and emissions information into the decision-making process for pavement design rehabilitation alternatives.	2	
PD-5	Lifecycle Cost Analysis	Determine the total lifecycle cost for pavements section alternatives to aid in project decision making.	2	
PD-13	Recycled Materials	Reduce lifecycle impacts from extraction and production of virgin materials.	1-5	
PD-21	Low-Emitting Materials	Reduce human exposure to hazardous airborne compounds from construction materials.	2-5	
PD-24	Long-Life Pavement	Min imize life cycle costs by promoting design of long-lasting design pavement structures.	5	
PD-25	Pavement and Structure Reuse	Reuse existing pavement and structural materials.	1-5	
PD-27	Thermal Pavement	Use pavement thermal properties to enhance sustainability.	3	
PD-28	Contractor Warranty	Incorporate contractor warranty and construction quality into the public low-bid process through the use of warranties.	3	
PD-31	Equipment Emission Reduction	Reduce air emissions from nonroad construction equipment by encouraging early achievement of the EPA Tier 4 emission standard.	2	
PD-35	Reduced Energy Materials	Reduce fossil fuels use at the hot mix asphalt or cement plant, decrease emissions at the plant, and decrease worker exposure to emissions during placement.	3	
Transportation Systems, Management, Operations and Maintenance				
OM-2	Pavement Management System	Make pavements last longer and perform better by preserving and maintaining them.	1-10	
OM-4	Paved Surfaces Management System	Make paved surfaces last longer and perform better by performing routine maintenance and preservation activities on them	1-10	



How are the criteria weighted?

- Grounded in studies that measure the value our resources
- Based on a few key principles:
 - Effectiveness of the sustainability measure
 - Longevity of the benefit
 - Value of the sustainability benefit
- Project Development credits 5 points max.
- Systems-level credit scores still in development (all 10 points max.)



Why are pavements emphasized?

"Highways and streets are the largest component of public transportation infrastructure spending. Pavement is by far the largest part of that spending, accounting for about 70 percent of state and local roadway expenditures."

~ Bureau of Transportation Statistics

Sustainable Highways Program

 Because pavements and their supporting structure make up a majority of roadway infrastructure cost and materials quantities, they should be given commensurate attention.

How do I score a project?

- Identify phase of Project
- Establish Context of project
- Review criteria and applicability to project
- Use online tool to perform selfevaluation (Score your project)





Achievement Levels How will success be measured?

- Achievement levels are included in Beta version
- Look similar to LEED Rating system
 - Bronze (base level)
 - Silver (level 2)
 - Gold (level 3)
 - Platinum (top level)
- Are designed to encourage improvement



Next Steps

- Beta version release
- Request help from the transportation community in testing and improving the tool
- Evaluate feedback
- Make website improvements
- Release revision (Version 1.0) likely next year





Website address www.sustainablehighways.org

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SLIDES THAT FOLLOW FOR Q&A



Welcome!

FHWA Sustainable Highways Program

The Sustainable Highways Program helps identify characteristics of sustainable highways and provides a scoring tool to self-evaluate the extent to which these characteristics are built into planning and policy, roadway projects and operations/maintenance.

Why Sustainable Highways?

Principles of sustainability are used in many other building and construction industries in order to demonstrate and help achieve commitments to environmental goals and cost savings to society, agency and organizational budgets. However, in the field of transportation there is little formal guidance or information on how to systematically use or incorporate sustainability into transportation organizations and projects. This program is designed as a helpful resource in this area.

Website Organization

This website provides users an opportunity to Learn about sustainable highways and Score their agency or project in the area of sustainability.

> WWW.FHWA.DOT.GOV U.S. Department of Transportation Federal Highway Administration

Learn

A guided tour through the Sustainable Highways Program to learn about integrating sustainability into Planning & Policy, Roadway Projects and Operations & Maintenance.

Score

A Self-Evaluation tool that allows you to evaluate sustainability in agency planning & policy, agency operations & maintenance, or a specific roadway project.

Score Criteria About

Login

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Glossary

Contact

ion, U.S. Department of Transporation Highways Program

How is safety weighted?

- Safety is both
 - the first priority of any transportation agency <u>and</u>
 - a key element of sustainability.
- It preserves the quality of life for future generations and assures our capacity to endure
- A road that is unsafe is not sustainable
- Safety criteria given premium score score



Why is context important?

- Every project has a unique context
- Context must be taken into account in evaluating sustainability
- Context will present both constraints and opportunities



Project Development— What do the criteria address?

- Ensuring durability of Projects
- Quality control
- Increasing energy efficiency of materials
- Recycling of pavements and structure materials
- Reducing environmental impacts
- Improve mobility and access
- Improving safety
- Incorporating sustainable procedures
- Cost-benefit analysis



Systems Planning— What do the criteria address?

- Accounting for climate change impacts
- Enhancing safety management
- Improving asset management
- Travel Demand Management (TDM)
- Reducing Noise
- Reducing Emissions
- Financial sustainability
- Land use planning integration
 - Equity analysis



Operations and Maintenance– What do the criteria address?

- Reduce Pollution from O&M
- Create Energy Efficient operation systems
- Adopt internal agency sustainable practices
- Purchase energy efficient fleets
- Preserve infrastructure through maintenance
- Employ low-impact winter maintenance
- Maintain Ecological connectivity
- Reduce delays and improve incident responses
- Reduce crashes



Illustration: Rural Highway







Ecological Connectivity: Wildlife Crossing



Illustration #1: Rural Highway Sustainability Features

- Recycled Materials
 - Recycled asphalt pavement (RAP) 30% of the base course and 20% of the wearing course (by weight).
- Ecological Connectivity
 - Two exclusive wildlife crossing structures, fencing
- Roadside Infrastructure Maintenance
 - Maintenance shared by the Forest Service, County, State Fish and Wildlife and State DOT



Illustration #1: Rural Highway Scorecard

Criteria #	Phase	Title	Score
15	Project Planning	Context Sensitive Solutions	5
16	Project Planning	Economy and Cost Benefit	1
17	Project Planning	Highway and Traffic Safety	1
18	Project Planning	Lifecycle Assessment	0
19	Project Planning	Lifecycle Cost Analysis	2
20	Project Planning	Freight Mobility	0
21	Project Planning	Educational Outreach	2
22	Project Planning	Habitat Restoration	0
23	Project Design	Runoff Flow Control	0
24	Project Design	Runoff Quality	0
25	Project Design	Ecological Connectivity	4
26	Project Design	Low Impact Development	0
27	Project Design	Recycled Materials	5
28	Project Design	Renewable Energy	0
29	Project Design	Site Vegetation	3
30	Project Design	Pedestrian Access	2
31	Project Design	Bicycle Access	2
32	Project Design	Transit & HOV Access	0
33	Project Design	Historic and Cultural Preservation	0
34	Project Design	Noise Abatement	0
35	Project Design	Low-Emitting Materials	0
36	Project Design	Energy Efficiency	0
37	Project Design	Traffic Systems, Management and Operations (TSMO)	4
38	Project Design	Long-Life Pavement	5
39	Project Design	Pavement and Structure Reuse	0
40	Project Design	Stormwater Cost Analysis	0
41	Project Design	Thermal Pavement	0
42	Project Design	Climate Change Considerations in Design	0
43	Project Design	Contractor Warranty	0
44	Project Design	Tracking Environmental Commitments	0
45	Project Design	Water Pollution Prevention Plan	1
46	Project Design	Environmental Training	1
47	Project Construction	Equipment Emission Reduction	0
48	Project Construction	Fossil Fuel Reduction	0
49	Project Construction	Noise Mitigation Plan	0
50	Project Construction	Quality Control Plan	5
51	Project Construction	Reduced Energy Materials	0
52	Project Construction	Waste Management	0
53	Project Construction	Earthwork Balance	0
	Bronze	Project Development Score	43

Estimated Project Development Score: 43

Illustrative Achievement Level: Bronze 38 - 50

